11: Kennan--179-180 T-3 (1865) 1870 Koryak
116, 252, 262, 278 Reindeer

"This mixture, known among the Koraks as 'manyalla,' is eaten by all the Siberian tribes as a substitute for bread, and is the nearest approximation which native ingenuity can make to the staff of life. It is valued, we were told, more for its medicinal virtues than for any intrinsic excellence of taste, and our limited experience fully prepared us to believe the statement. Its original elements are clotted blood, tallow, and half-digested moss taken from the stomach of the reindeer, where it is supposed to have undergone some essential change which fits it for second-hand consumption. These curious and heterogeneous ingredients are boiled up together with a few handfuls of [180] dried grass to give the mixture consistency, and the dark mass is then moulded into small loaves and frozen for future use. Our host was evidently desirous of treating us with every civility, and, as a mark of especial consideration, bit off several choice morsels from the large cube of venison in his grimy hand, and taking them from his mouth, offered them to me."